PENANG MENU (LUNCH) Homey



Piri Piri Chicken Breast

17.11.2025 (Monday)

Piri Piri boneless chicken breast served with brown rice Cucumber . Brinjal . Cauliflower . Mushroom . Carrot . Cherry Tomato





Spaghetti & Perch in Thai

18.11.2025 (Tuesday)

Spaghetti with perch fish in tom yam Onion . Broccoli . Mushroom . Sweet Pea . Purple Cabbage . Almond Slices/Chunks. Bunga Kantan



(**6**) 534kcal **(49**) 599 **(59**) 329







18q



Chicken Egg Cup

19.11.2025 (Wednesday) Baked egg wash (contains milk) and chicken breast cubes in cup served with brown rice

Okra . Brinjal . Cauliflower . Sweet Potato Leaves . Cherry Tomato











D'Salmon-Brown Rice

20.11.2025 (Thursday) Cooked miso salmon served with brown rice Boiled Egg. Cabbage. Cucumber. Mushroom. French Bean. Corn Kernel . Cherry Tomato



(c) 507kcal (dec) 44g (de) 24g (de)









Black Pepper Chicken with Potato Wedges

21.11.2025 (Friday)

Baked chicken breast in western black pepper sauce served with potato wedges

Cherry Tomato . Lettuce . Purple Cabbage . Broccoli . Cauliflower



420kcal (49) 419





18g

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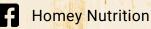
All pictures shown are for illustration purpose only. Menu served may vary based on the medical condition and the ingredients availability. If you have a food allergy, please notify us.



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KL MENU



17.11.2025 (Monday)

Aglio Olio Chicken Spaghetti

Spaghetti with sauteed minced garlic, olive oil, button mushroom, shitake mushroom spinach, broccoli and chicken breast cubes.



18.11.2025 (Tuesday)

Turmeric Saba Mackarel with Brown Rice

Turmeric saba mackerel served with brown rice, tamago egg, seaweed flakes, cabbage, white radish(mixed with sesame sauce ,sesame oil), spicy cucumber, Thai chili sauce.



19.11.2025 (Wednesday)

Chicken Salad

Grilled chicken served with half boiled egg, corns, mixed nuts, broccoli, cherry tomatoes, lettuce, and homemade dressings (honey, mayonnaise and mustard).



20.11.2025 (Thursday)

Mentai Tamago Salmon with Brown Rice

Grilled salmon served with brown rice, tamago, homemade mentai sauce, wakame, cherry tomatoes, olives, pickles, sesame seeds and salads.

**presented in lunch box



21.11.2025 (Friday)

Tuscan Chicken Fettuccine

Chicken breast (seasoned with oregano, salt, pepper, paprika), served with fettucine, French bean, cherry tomatoes, spinach, chili flakes and milk-based sauce (containing cheese).



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